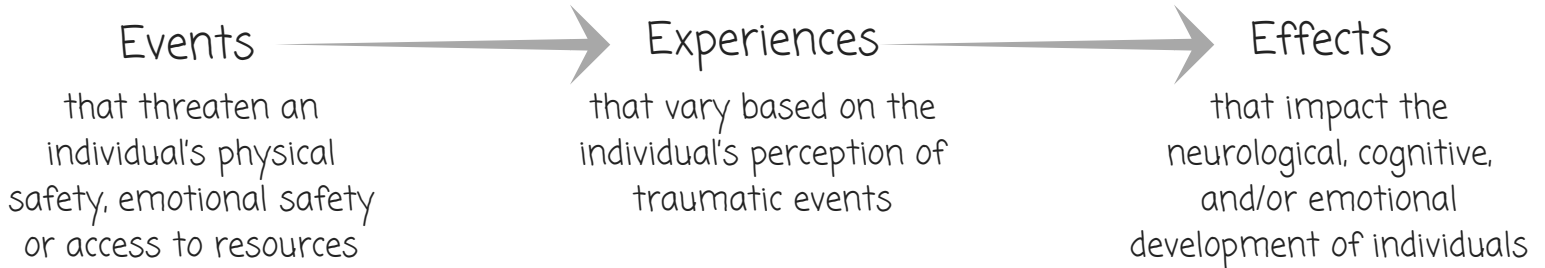


How can we keep kids in class?

BE A TRAUMA-INFORMED COMMUNITY.

WHAT IS TRAUMA?



Information from: Substance Abuse and Mental Health Administration

HOW DOES TRAUMA AFFECT OUR KIDS?

Trauma affects us in many ways, including a negative impact on brain development leading to experiences including, but not limited to:

- memory problems
- attention difficulty
- language development delays
- emotional or behavior regulation issues

HOW CAN SCHOOL COMMUNITIES BE TRAUMA-INFORMED?

- Increase awareness of trauma through training teachers, administrators, building staff, parents and community members
- Change our mindset from "What's wrong with them?" to "What happened to them?"
- Integrate trauma informed practices that support coping mechanisms and address the root causes of trauma
- Create trauma teams within our schools and community organizations to examine policies and practices through a trauma informed lens

By creating trauma-informed schools, we support all children to reach their full potential.

To learn more about becoming a trauma-informed school, check out Alive and Well STL, AcesTooHigh, and The Missouri Model: A Developmental Framework for Trauma-Informed